

## UKCC Level 2 in Rowing

The WARA and ARA are committed to high quality coaching and aim to have more competent and active coaches within our sport by 2016.

The Level 2 Certificate in Coaching Rowing is the first award for coaching individuals on the water. It is aimed at beginner coaches, not just coaches of beginners, so is applicable to coaches working with all groups. You may be a former athlete or a parent wishing to begin coaching, a teacher or a coach with experience looking to gain formal recognition of your abilities.

### Dates:

Wed 24 <sup>th</sup> June	Llandaff Rowing Club
Sun 28 <sup>th</sup> June	City of Swansea Rowing Club
Wed 1 <sup>st</sup> July	Llandaff Rowing Club
Wed 8 <sup>th</sup> July	City of Swansea Rowing Club
Wed 15 <sup>th</sup> July	Llandaff Rowing Club
Wed 22 <sup>nd</sup> July	City of Swansea Rowing Club
Wed 29 <sup>th</sup> July	Llandaff Rowing Club
Early Sept	Llandaff Rowing Club – First aid and Welfare Course – Open to all coaches.

Candidates need to attend all dates.

**Cost: £350 UKCC Level 2 course**  
**£50 Emergency First Aid course**

Cheques payable to WARA

**Deadline: Friday 29<sup>th</sup> May 2009**

Criteria:

Minimum age 16 years.

Member of a WARA or ARA Affiliated Club

If you are interested in attending this course or require further information, please contact

Mrs. Sarah Harris.

16 Woodfield Avenue, Radyr, Cardiff, CF15 8EF

(M) 07920 514909

[sarah.harris@walesrowing.com](mailto:sarah.harris@walesrowing.com)

Or download an application form from the WARA website.

[www.walesrowing.com](http://www.walesrowing.com)