



Welsh Rowing Development Plan 2015-2019

Context

The Development Plan is a living document with a flexible work programme, if there is an opportunity for accessing funding or alternative support then this will be discussed with the Development Committee. The Plan also assumes that the Development Officer provision for Welsh Rowing will remain at 1 FT Officer for the plan period.

There will be continue to be day to day development access for existing clubs, the document outlines new projects and ideas.

1. Existing Club Development

Section	Aim	Activities/Rationale	Measurements	Timescales	Responsibilities	Budget	RAG
Existing Club Development	Strong sustainable clubs with attractive offerings	-Clubs supported to apply for 1 Grant on an annual basis	-20 clubs -30 clubs -40 clubs -All clubs	-2015/16 -2016/17 -2017/18 -2018/19	LK LK LK LK		
Priority Areas: 2015-2017 -Swansea 2017-2019 -Bangor		-Clubs supported with writing a realistic achievable Development Plan in conjunction with Welsh Rowing	-16 river clubs -30 coastal clubs	-All river clubs September 2016, all coastal clubs by 2019.	LK		
Overarching KPI:							

<p>-40% total membership increase from 2015 to 2019</p>		<p>-Clubs supported through preparing for the Rio Effect</p> <p>-Swansea supported to have a Boat House</p>	<p>- 10 x Learn to Row courses</p> <p>-Publicity campaign</p> <p>-Initial Meeting to establish workforce</p> <p>-Action Plan</p> <p>-Site Secured</p> <p>-Funding Secured</p> <p>-Building Starts</p>	<p>-Planned for August/September and October 2016</p> <p>-June - October 2016</p> <p>-May 2015</p> <p>-Sept 2015</p> <p>-April 2017</p> <p>-April 2018</p> <p>-April 2019</p>	<p>Coach Educator</p> <p>HT, LK, Comms Committee, KO, LL, RM</p> <p>LK, HT, HB, DP, SURC, CSRC</p>		
	<p>Supporting the volunteer workforce</p>	<p>-Education and Training programme covering volunteers for coaching, umpires, officials. To include a variety of workshops</p>	<p>-Tutor workforce developed</p> <p>-2 new umpires,</p> <p>- 2 multilane umpires</p> <p>-2 sliding seat UKCC Level 2 course</p> <p>-1 fixed seat UKCC Level 2 course</p>	<p>-3 new qualified and active tutors, 1 of which is a fixed seat tutor.</p> <p>-Each year, up until 2019</p> <p>- By 2019</p> <p>-Each year, up until 2019</p> <p>-Each year, up until 2019</p>	<p>LK, SH</p> <p>LK, Umpires committee</p> <p>LK, Umpires committee</p> <p>LK</p> <p>LK, WSRA</p>		

		-Annual Awards Evening	-50 attendees	-Hosted October 2015 on an annual basis	HB, HT, RM, LL, KO, LK		
	Participation Increases	-Pilot studies looking at transitions with different groups and ages	-3 Pilots (1 University, 1 Coastal, 1 River) -30 attendees -funding gained to roll out Nationally	-1 Pilot completed by October 2015 -2 Pilots by April 2016 -Funding bid made March 2016 -Rolled out Nationally by 2017	LK, ED, RM, LL, KO HT, LK ED, RM, LL, KO, HT, LK		

2. New Club Development

Section	Aim	Activities/Rationale	Measurements	Timescales	Responsibilities	Budget	RAG
New Club Development Priority Areas: Bangor	Inclusive, attractive education centres	-To have an active rowing club in every University across Wales	-Glyndwr University -Swansea Metropolitan University -University of South Wales -University of Wales	-2015/16 -2016/17 -2017/18 -2018/19	HT, LK, RM, LL, KO		
Overarching KPI:	Establish an inclusive community Rowing Club in Bangor	-Gather a committee in North Wales -Run a Learn to Row Course -Fundraising	-Initial Meeting -Publicity campaign to gain interest -1 Learn to Row course	-March 2016 -May 2016 through to September 2016 -September 2016	LK, Bangor University		

-40% total membership increase from 2015 to 2019			-Funding secured -Club established	-January 2017 -January 2018			
	Establish an inclusive community club in North East Wales	-Meeting between Welsh Sea Rowing Association and Welsh Rowing -Yole on loan from WSA -Fundraising	-initial meeting to establish a working relationship -Taster Session -Funding secured	-March 2016 -March 2017 -March 2018	WSRA, LK, HT		

3. Indoor Rowing

Section	Aim	Activities/Rationale	Measurements	Timescales	Responsibilities	Budget	RAG
Indoor Rowing Overarching KPI: -40% total membership increase from 2015 to 2019	-Inclusive education sector -Raising the profile of Welsh Rowing.	-Host a Welsh University indoor rowing championships in partnership with a Welsh University	-Cardiff, Swansea, Cardiff Met and Bangor in attendance -Cardiff, Swansea, Cardiff Met, Bangor and Aberystwyth in attendance. -Cardiff, Swansea, Bangor, Cardiff Met, Glyndwr, The University of South Wales, University of Wales in attendance -Pilot in South Wales	-In 2015 -In 2016 -In 2019	HT, LK, RM, KO, LL HT, LK, RM, KO, LL HT, LK, RM, KO, LL LL, LK, HT		

		-Host a Regional School's Indoor Rowing League	-Indoor League in West Wales and South Wales -Indoor League in North Wales, West Wales and South Wales	-December 2015 -December 2016 -December 2017/18/19	LL, LK, HT LL, LK, HT		
	-Correct technique being taught in Gyms across Wales -Used as a tool for Talent ID	-Deliver Indoor Rowing Workshops, containing 4 REPS points.	-4 Fitness Centres/Gym's	-Each year until 2019	LK, LL		

4. Para Rowing Development

Section	Aim	Activities/Rationale	Measurements	Timescales	Responsibilities	Budget	RAG
Para Rowing Development Overarching KPI: -40% total membership increase from 2015 to 2019	-Increase participation in Adaptive Rowing across Wales -Create an attractive adaptive rowing programme	-Develop 2 Para Rowing Hubs in Wales	- Develop bid process -Establish a volunteer/coach workforce -Funding	-2015/16 -2016/17 -2016/17 -2017/18	HT, LK, Conwy Rowing Club, AWil, DB, LL		