



‘A Vibrant and Successful Rowing Community Throughout Wales’

## **Safeguarding Adults Policy**

Approved by Board:	01/04/2025
Next review date:	April 2026
Version number:	1.2

### **Section 1: Safeguarding Adults Policy**

Scope

Introduction

Aims

Policy Statement

Purpose

Commitments

Implementation

### **Section 2: Supporting Information**

1.Safeguarding Adults Legislation

2.Definition of an Adult at Risk

3.Abuse and Neglect

4.Signs and Indicators of Abuse and Neglect

5.Wellbeing Principle

6. Making Safeguarding Personal

7.Mental Capacity and Decision Making

8.Recording and Information Sharing

9.Multi-Agency Working

### **Section 3: Appendices**

Appendix 1 Safeguarding Contact Information

Appendix 2 Training Requirements

Appendix 3 Procedure for Reporting a Concern

Appendix 4 Safeguarding Concern and Incident Report Form

Appendix 5 Example Role Description: Safeguarding Lead Officer

Appendix 6 Sources of Information and Support

### **Section 4 Policy Summary Document**



## **Section 1 – Safeguarding Adults Policy**

### **Scope**

This policy applies to any member, director, staff, official, contractor, volunteer, facility user, representative or individual member of an affiliated club and any other person involved in or connected to Welsh Rowing or the sport in Wales.

### **Introduction**

Welsh Rowing

- is committed to Safeguarding Adults in line with national legislation and relevant national and local guidelines.
- will safeguard adults by ensuring that our activities are delivered in a way which keeps all adults safe.
- is committed to creating a culture of zero-tolerance of harm to adults which necessitates: the recognition of adults who may be at risk and the circumstances which may increase risk; knowing how adult abuse, exploitation or neglect manifests itself; and being willing to report safeguarding concerns.
- is committed to best safeguarding practice and to uphold the rights of all adults to live a life free from harm from abuse, exploitation and neglect.

### **Our Overarching Aims are:**

- Inform
- Educate
- Assist

### **Policy Statement**

Welsh Rowing

- believes everyone has the right to live free from abuse or neglect regardless of age, ability or disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status.
- is committed to creating and maintaining a safe and positive environment and an open, listening culture where people feel able to share concerns without fear of retribution.
- acknowledges that safeguarding is everybody's responsibility and is committed to prevent abuse and neglect through safeguarding the welfare of all adults involved.
- recognises that health, well-being, ability, disability and need for care and support can affect a person's resilience. We recognise that some people

experience barriers, for example, to communication in raising concerns or seeking help. We recognise that these factors can vary at different points in people's lives.

- recognises that there is a legal framework within which sports need to work to safeguard adults who have needs for care and support and for protecting those who are unable to take action to protect themselves.
- will act in accordance with the relevant safeguarding adult legislation and with local statutory safeguarding procedures.
- will ensure that any action taken is prompt, proportionate and that it includes and respects the voice of the adult concerned.

## **Purpose**

Welsh Rowing will ensure that everyone involved is aware of:

- the legislation, policy and procedures for safeguarding adults.
- their role and responsibility for safeguarding adults.
- what to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult.

## **Commitments**

In order to implement this policy Welsh Rowing will ensure that:

- Everyone involved is aware of the safeguarding adult procedures and knows what to do and who to contact if they have a concern relating to the welfare or wellbeing of an adult.
- Any concern that an adult is not safe is taken seriously, responded to promptly, and followed up in line with Safeguarding Adults Policy and Procedures.
- The well-being of those at risk of harm will be put first and the adult actively supported to communicate their views and the outcomes they want to achieve. Those views and wishes will be respected and supported unless there are overriding reasons not to.
- Any actions taken will respect the rights and dignity of all those involved and be proportionate to the risk of harm.
- Confidential, detailed and accurate records of all safeguarding concerns are maintained and securely stored in line with Data Protection Policy and Procedures
- It will cooperate with the Police and the relevant Local Authorities in taking action to safeguard an adult.
- All Board members, staff, officials and volunteers understand their role and responsibility for safeguarding adults and have completed and are up to date with safeguarding adult training and learning opportunities appropriate for their role.
- It uses safe recruitment practices and continually assesses the suitability of volunteers and staff.
- It shares information about anyone found to be a risk to adults with the appropriate bodies. For example: Disclosure and Barring Service, Services, Police, Local Authority/Social Services.

- This policy and the Safeguarding Adults Procedures are reviewed no less than on a three yearly basis or whenever there are changes in relevant legislation and/or government guidance or as a result of any other significant change or event.

## **Implementation**

Welsh Rowing is committed to developing and maintaining its capability to implement this policy and procedures.

In order to do so, the following will be in place:

- A clear line of accountability within the organisation for the safety and welfare of all adults.
- Access to relevant legal and professional advice.
- Regular management reports to the Board detailing how risks to adult safeguarding are being addressed and how any reports have been addressed.
- Safeguarding adult procedures that deal effectively with any concerns of abuse or neglect, including those caused through poor practice.
- A Safeguarding Lead Officer.
- Arrangements to work effectively with other relevant organisations to safeguard and promote the welfare of adults, including arrangements for sharing information.
- Codes of conduct for Board members, Staff, Coaches, Officials, Volunteers and Members that specify zero tolerance of abuse in any form.

### **Author:**

Janet Raven  
Lead Safeguarding Officer  
Welsh Rowing  
January 2025



## **Section 2 - Safeguarding Adults Policy Supporting Information**

### **1.Safeguarding Adults Legislation**

Safeguarding Adults in Wales is compliant with United Nations directives on the rights of disabled people and commitments to the rights of older people. It is covered by:

- The Human Rights Act 1998
- The Data Protection Act 2018
- General Data Protection Regulations 2018

The practices and procedures within this policy are based on the relevant legislation and government guidance:

- Wales - Social Services and Well Being Act 2014
- Wales Safeguarding Procedures 2019

Wales has legislation about the circumstances in which decisions can be made on behalf of an adult who is unable to make decisions for themselves:

- England and Wales - Mental Capacity Act 2005

### **2.Definition of an Adult at Risk**

The Safeguarding Adults legislation creates specific responsibilities on Local Authorities, Health, and the Police to provide additional protection from abuse and neglect to Adults at Risk.

When a Local Authority has reason to believe there is an adult at risk, they have a responsibility to find out more about the situation and decide what actions need to be taken to support the adult. In Wales, the Local Authority can gain access to an adult to find out if they are at risk of harm for example, if that access is being blocked by another person.

The actions that need to be taken might be by the Local Authority (usually social services) and/or by other agencies, for example the Police and Health. A sporting organisation may need to take action as part of safeguarding an adult, for example, to use the disciplinary procedures in relation to a member of staff or member who has

been reported to be harming a participant. The Local Authority role includes having multi-agency procedures which coordinate the actions taken by different organisations.

An **adult at risk** is an individual aged 18 years and over who:

- a) is experiencing or is at risk of abuse or neglect, AND;
- b) has needs for care and support (whether or not the authority is meeting any of those needs) AND;
- c) as a result of those needs is unable to protect himself or herself against the abuse or neglect or the risk of it

Wales (Social Services and Well Being Act 2014)

### **3. Abuse and Neglect**

The Safeguarding Adults Legislation in Wales defines categories of adult abuse and harm as follows:

- Physical
- Sexual
- Psychological
- Neglect
- Financial

Wales (Social Services and Well Being Act 2014)

### **4. Signs and Indicators of Abuse and Neglect**

An adult may confide to a member of staff, coach, volunteer or another participant that they are experiencing abuse inside or outside of the organisation's setting. Similarly, others may suspect that this is the case.

There are many signs and indicators that may suggest someone is being abused or neglected. There may be other explanations, but they should not be ignored. The signs and symptoms include but are not limited to:

- Unexplained bruises or injuries – or lack of medical attention when an injury is present.
- Person has belongings or money going missing.

- Person is not attending / no longer enjoying their sessions.
- Someone losing or gaining weight / an unkempt appearance/ deteriorating hygiene
- A change in the behaviour or confidence of a person.
- Self-harm.
- A fear of a particular group of people or individual.
- A parent/carer always speaks for the person and doesn't allow them to make their own choices.
- They may tell you / another person they are being abused – i.e. a disclosure.

## **5. Wellbeing Principle**

The concept of 'well-being' is threaded throughout UK legislation. Well-being includes our mental and physical health, our relationships, our connection with our communities and our contribution to society. Any actions taken to safeguard an adult must take their whole well-being into account and be proportionate to the risk of harm.

## **6. Making Safeguarding Personal**

Legislation recognises that adults make choices that may mean that one part of our wellbeing suffers at the expense of another – for example we move away from friends and family to take a better job. Similarly, adults can choose to risk their personal safety; for example, to provide care to a partner with dementia who becomes abusive when they are disorientated and anxious.

None of us can make these choices for another adult. If we are supporting someone to make choices about their own safety, we need to understand 'What matters' to them and what outcomes they want to achieve from any actions agencies take to help them to protect themselves.

The concept of 'Making Safeguarding Personal' means engaging the person in a conversation about how best to respond to their situation in a way that enhances their involvement, choice and control, as well as improving their quality of life, well-being and safety. Organisations work to support adults to achieve the outcomes they want for themselves. The adult's views, wishes, feelings and beliefs must be taken into account when decisions are made about how to support them to be safe. There may be many different ways to prevent further harm. Working with the person will mean that actions taken help them to find the solution that is right for them. Treating people with respect,

enhancing their dignity and supporting their ability to make decisions also helps promote people's sense of self-worth and supports recovery from abuse.

If someone has difficulty making their views and wishes known, then they can be supported or represented by an advocate. This might be a safe family member or friend of their choice or a professional advocate.

### **Table 1 The Principles of Adult Safeguarding in Wales**

- **Responsibility** - Safeguarding is everyone's responsibility.
- **Well-being** - Any actions taken must safeguard the person's well-being.
- **Person-centred approach** - Understand what outcomes the adult wishes to achieve and what matters to them.
- **Voice and control** - Expect people to know what is best for them and support them to be involved in decision making about their lives.
- **Language** - Make an active offer of use of the Welsh language and use professional interpreters where other languages are needed.
- **Prevention** - It is better to take action before harm occurs.

(Social Services and Well Being Act 2014)

## **7. Mental Capacity and Decision Making**

We make many decisions every day, often without realising. UK Law assumes that all people over the age of 16 have the ability to make their own decisions, unless it has been proved that they can't. It also gives us the right to make any decision that we need to make and gives us the right to make our own decisions even if others consider them to be unwise.

We make so many decisions that it is easy to take this ability for granted. The Law says that to make a decision we need to:

- Understand information
- Remember it for long enough
- Think about the information
- Communicate our decision

A person's ability to do this may be affected by things such as learning disability, dementia, mental health needs, acquired brain injury and physical ill health.

Most adults have the ability to make their own decisions given the right support however, some adults with care and support needs have the experience of other people making decisions about them and for them.

Some people can only make simple decisions like which colour T-shirt to wear or can only make decisions if a lot of time is spent supporting them to understand the options. If someone has a disability that means they need support to understand or make a decision this must be provided. A small number of people cannot make any decisions. Being unable to make a decision is called “lacking mental capacity”.

Mental capacity refers to the ability to make a decision at the time that decision is needed. A person’s mental capacity can change. If it is safe/possible to wait until they are able to be involved in decision making or to make the decision themselves.

For example:

- A person with epilepsy may not be able to make a decision following a seizure.
- Someone who is anxious may not be able to make a decision at that point.
- A person may not be able to respond as quickly if they have just taken some medication that causes fatigue.

Mental Capacity is important for safeguarding for several reasons.

Not being allowed to make decisions one is capable of making is abuse. For example, a disabled adult may want to take part in an activity but their parent who is their carer won’t allow them to and will not provide the support they would need.

Another situation is where an adult is being abused and they are scared of the consequences of going against the views of the person abusing them. It is recognised in the law as coercion and a person can be seen not to have mental capacity because they cannot make ‘free and informed decisions’.

Mental Capacity must also be considered when we believe abuse or neglect might be taking place. It is important to make sure an ‘adult at risk’ has choices in the actions taken to safeguard them, including whether or not they want other people informed about what has happened, however, in some situations the adult may not have the mental capacity to understand the choice or to tell you their views.

Each home nation has legislation that describes when and how we can make decisions for people who are unable to make decisions for themselves. The principles are the same.

- We can only make decisions for other people if they cannot do that for themselves at the time the decision is needed.

- If the decision can wait, wait – e.g. to get help to help the person make their decision or until they can make it themselves.

- If we have to make a decision for someone else then we must make the decision in their best interests (for their benefit) and take into account what we know about their preferences and wishes.

- If the action we are taking to keep people safe will restrict them then we must think of the way to do that which restricts to their freedom and rights as little as possible.

Many potential difficulties with making decisions can be overcome with preparation. A person needing support to help them make decisions whilst taking part in a sports organisation will ordinarily be accompanied by someone e.g. a family member or formal carer whose role includes supporting them to make decisions.

It is good practice to get as much information about the person as possible. Some people with care and support needs will have a 'One page profile' or a 'This is me' document that describes important things about them. Some of those things will be about how to support the person, their routines, food and drink choices etc. but will also include things they like and don't like doing. It's also important to have an agreement with the person who has enrolled the adult in the sports activity about how different types of decisions will be made on a day-to-day basis.

If a person who has a lot of difficulty making their own decisions is thought to be being abused or neglected you will need to refer the situation to the Local Authority, and this should result in health or social care professionals making an assessment of mental capacity and/or getting the person the support they need to make decisions.

There may be times when a sporting organisation needs to make decisions on behalf of an individual in an emergency. Decisions taken in order to safeguard an adult who cannot make the decision for themselves could include:

- Sharing information about safeguarding concerns with people that can help protect them.
- Stopping them being in contact with the person causing harm.

## **8. Recording and Information Sharing**

All sports organisations must comply with the Data Protection Act (DPA) and the General Data Protection Regulations (GDPR).

Information about concerns of abuse includes personal data. It is therefore important to be clear as to the grounds for processing and sharing information about concerns of abuse.

Processing information includes record keeping. Records relating to safeguarding concerns must be accurate and relevant. They must be stored confidentially with access only to those with a need to know.

Sharing information, with the right people, is central to good practice in safeguarding adults. However, information sharing must only ever be with those with a 'need to know'. This does **NOT** automatically include the persons spouse, partner, adult, child, unpaid or paid carer. Information should only be shared with family and friends and/or carers with the consent of the adult or if the adult does not have capacity to make that decision and family/ friends/ carers need to know in order to help keep the person safe.

The purpose of Data Protection legislation is not to prevent information sharing but to ensure personal information is only shared appropriately. Data protection legislation allows information sharing within an organisation. For example:

- Anyone who has a concern about harm can make a report to an appropriate person within the same organisation.
- Case management meetings can take place to agree to co-ordinate actions by the organisation.

There are also many situations in which it is perfectly legal to share information about adult safeguarding concerns outside the organisation. Importantly personal information can be shared with the consent of the adult concerned. However, the adult may not always want information to be shared. This may be because they fear repercussions from the person causing harm or are scared that they will lose control of their situation to statutory bodies or because they feel stupid or embarrassed. Their wishes should be respected unless there are over-riding reasons for sharing information.

The circumstances when we need to share information without the adult's consent include those where:

- it is not safe to contact the adult to gain their consent – i.e. it might put them or the person making contact at further risk.
- you believe they or someone else is at risk, including children.
- you believe the adult is being coerced or is under duress.
- it is necessary to contact the police to prevent a crime, or to report that a serious crime has been committed.
- the adult does not have mental capacity to consent to information being shared about them.
- the person causing harm has care and support needs.

- the concerns are about an adult at risk living in Wales (where there is a duty to report to the Local Authority).

When information is shared without the consent of the adult this must be explained to them, when it is safe to do so, and any further actions should still fully include them.

If you are in doubt as to whether to share information, seek advice, e.g. seek legal advice and/or contact the Local Authority and explain the situation without giving personal details about the person at risk or the person causing harm.

Any decision to share or not to share information with an external person or organisation must be recorded together with the reasons to share or not share information.

### **9. Multi-Agency Working**

Safeguarding adults' legislation gives the lead role for adult safeguarding to the Local Authority. However, it is recognised that safeguarding can involve a wide range of organisations.

Sports bodies may need to cooperate with the Local Authority and the Police including to:

- Provide more information about the concern you have raised.
- Provide a safe venue for the adult to meet with other professionals e.g. Police/Social Workers/Advocates.
- Attend safeguarding meetings.
- Coordinate internal investigations (e.g. complaints, disciplinary) with investigations by the police or other agencies.
- Share information about the outcomes of internal investigations.
- Provide a safe environment for the adult to continue their sporting activity/ their role in the organisation.



## Section 3

### Appendix 1 - Safeguarding Contact Information

**In a safeguarding emergency, where an adult is at immediate risk of harm, call 999.**

Welsh Rowing Safeguarding Lead Officer:

Contact Information: [safeguarding@welshrowing.com](mailto:safeguarding@welshrowing.com)

-----

Welsh Rowing Chief Executive: Dan Fella

Contact Information: [dan.fella@welshrowing.com](mailto:dan.fella@welshrowing.com)  
[safeguarding@welshrowing.com](mailto:safeguarding@welshrowing.com)

-----

Local Authority Designated Officer- contact information available online for each Local Authority.

-----



## **Appendix 2 - Training Requirements**

Everyone involved in providing rowing activities for adults will be given access to appropriate learning opportunities to recognise, identify and respond to signs of abuse, neglect and other safeguarding concerns relating to adults.

Club Welfare Officers:

- Essentials Training (ACT/Anne Craft Trust)
- Time to Listen Training (NSPCC/CPSU all sports)

Club coaches, Umpires and Volunteers:

- Safeguarding Adults in Wales- an Introductory Training (ACT/Anne Craft Trust)

Welsh Rowing Board members and Safeguarding Committee members:

- Board Safeguarding Training (NSPCC CPSU & Ann Craft Trust)

Welsh Rowing Staff:

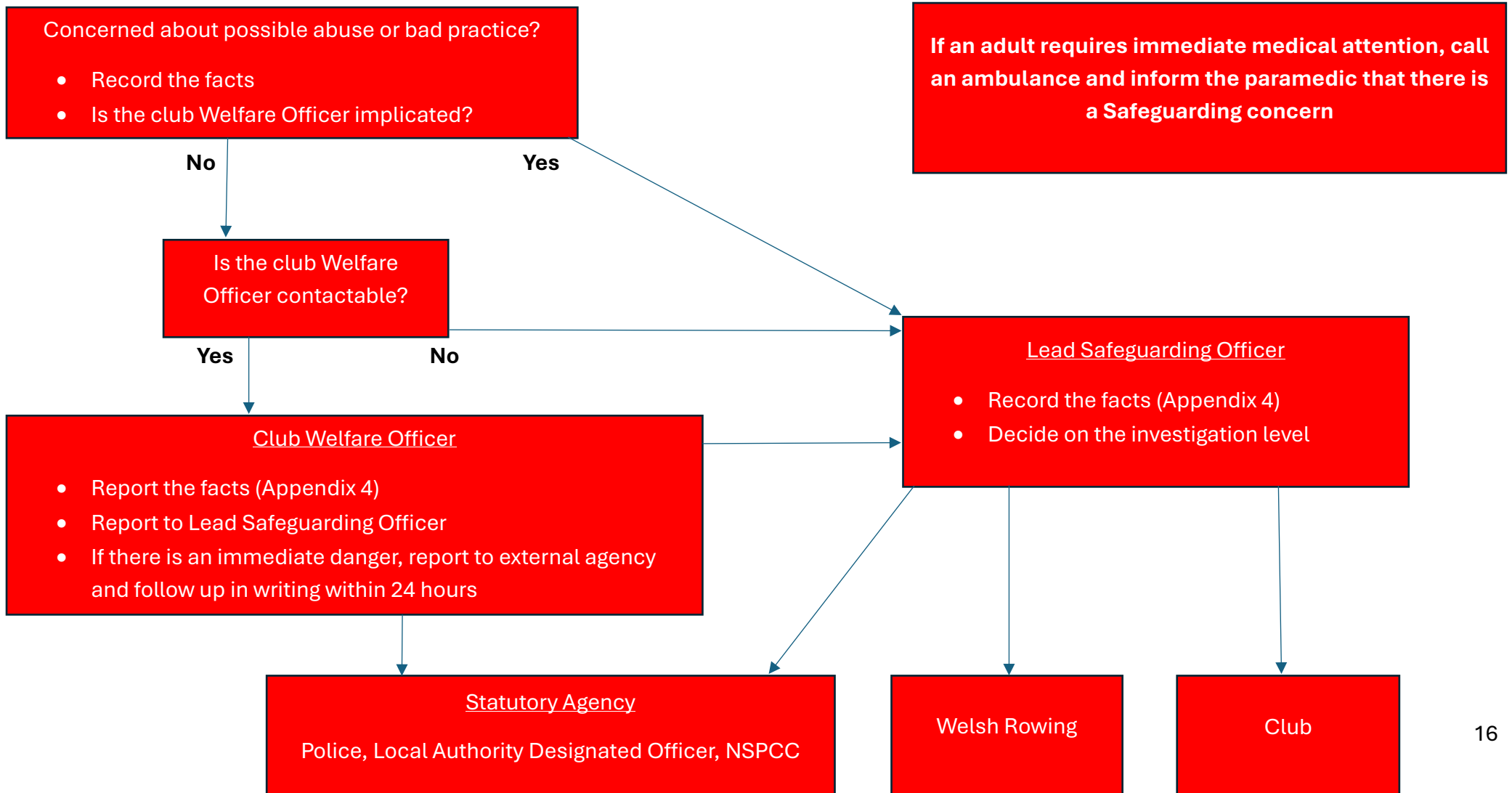
- Safeguarding Adults in Wales- an Introductory Training (ACT/Anne Craft Trust)

Safeguarding Lead Officer:

- NSPCC and Anne Craft Trust Induction
- ACT Advanced Training
- LO Forum
- Time to Listen
- Introduction to Lead Officer
- Introduction to Safe Event



**Appendix 3 - Procedure for Reporting a Concern**





**Safeguarding Concern / Incident Report Template**

Use this form to report safeguarding incidents or concerns. It should be completed by the person who has been disclosed to, who witnessed the incident, was most directly involved or who provided first aid if relevant. Once completed it must be submitted as per Welsh Rowing Safeguarding Procedures

**REFERENCE NUMBER**

Name & role of person completing this form:
Date form completed:

**Details of child, young person or adult at risk:**

Name:	Address:
Contact number:	Gender:
Date of birth:	Any further information that may be useful to consider:

**Parents/carers details if a child under 18 years:**

Name:	Address:
Contact number:	Email address:
Have parents/carers been notified of the incident?: Yes / No	If yes, please provide details:

**Details of reporter:**

Are you reporting your own concerns or responding to concerns raised by someone else?	Reporting my own concerns	•
	Responding to someone else's concerns	•
If responding to someone else's concerns, please provide their details below:		
Name:		
Relationship to child, young person or adult at risk:		
Email address:		
Contact number:		

**Incident Details:**

Date/ Time:	Club or Venue name (if applicable):
Location of incident:	
Description of the incident or concern: (continue on separate sheet if necessary & include reference number): <i>(Include relevant information such as what happened and how it happened, description of any injuries sustained, behaviour witnessed and whether the information provided is being recorded as fact, opinion or hearsay)</i>	
Details of any previous concerns, incidents or relevant safeguarding records:	
Child, young person or adult at risk account of the incident or concern: <i>(use their own words)</i>	
Witness account of incident or concern: <i>(include further accounts on separate sheets as necessary. Include reference number on each accompanying account)</i>	

**Details of any witnesses:**

Name(s):	Relationship to child, young person or adult at risk:	Contact details:
----------	---	------------------

**Details of any persons involved in the incident or alleged to have caused the incident, injury or presenting risk:**

Name(s):	Relationship to child, young person or adult at risk:	Contact details:
----------	---	------------------

**Outcome of incident & immediate actions taken:** (tick box where relevant)

<ul style="list-style-type: none"><li>• Ambulance required? Y/N</li><li>• Name of hospital / medical facility attended if applicable:</li><li>• Police/fire/rescue services attended? Y/N</li></ul> Notes:	First aid treatment provided: and by whom	Medication given:
Any resulting change of plans or disruption to the programme, if applicable:	Disciplinary procedures enacted:	Were any immediate changes to risk management procedures made?

Signed By Author:	Name:	Date:
-------------------	-------	-------

**Reporting to the Designated Safeguarding Lead (DSL) section: (to be completed by DSL)**

Date & time DSL notified of incident/concern:

Date & time this form passed on to DSL (if different from above):

DSL comments: *(actions taken / impact on rest of programme / external agency involvement / initial lessons learned / follow-up actions required):*

**External agency referral: (tick box where relevant)**

<ul style="list-style-type: none"> <li>• Social services notified</li> </ul> <p>Date &amp; time of referral:</p> <p>Name of contact person:</p> <p>Contact number / email:</p> <p>Agreed action or advice given:</p>	<ul style="list-style-type: none"> <li>• LADO notified</li> </ul> <p>Date &amp; time of referral:</p> <p>Name of contact person:</p> <p>Contact number / email:</p> <p>Agreed action or advice given:</p>	<ul style="list-style-type: none"> <li>• Other referral made</li> </ul> <p>Agency: Welsh Rowing LSO</p> <p>Date &amp; time of referral:</p> <p>Name of contact person:</p> <p>Contact number / email: <a href="mailto:Safeguarding@welshrowing.com">Safeguarding@welshrowing.com</a></p> <p>Agreed action or advice given:</p>
--	---	--

Signed By DSL:	Name:	Date:
----------------	-------	-------

**For Office Use Only:**

Follow-up action required:		
Action:	Due date:	Whom responsible:



## **Appendix 5 - Example Role Description: Safeguarding Lead Officer**

The designated person within a sports organisation has primary responsibility for putting into place procedures to safeguard adults at risk and for managing concerns about adults at risk.

Duties and responsibilities include:

- Working with others within the organisation to create a positive inclusive environment within the sport.
- Play a lead role in developing and establishing the organisation's approach to safeguarding adults and in maintaining and reviewing the organisation's implementation plan for safeguarding adults in line with current legislation and best practice.
- Coordinate the dissemination of the safeguarding adult policy, procedures and resources throughout the organisation.
- Contribute to ensuring other policies and procedures are consistent with the organisation's commitment to safeguarding adults.
- Advise on the organisation's training needs and the development of its training strategy
- Receive reports of and manage cases of poor practice and abuse reported to the organisation – including an appropriate recording system.
- Support the chair to co-ordinate the case management process.
- Manage liaison with, and referrals to, external agencies for example adult social-care services and the police.
- Create a central point of contact for internal and external individuals and agencies concerned about the safety of adults.
- Provide advice and support to county safeguarding/ welfare officers and play a role in their recruitment, selection and training.

Represent the organisation at external meetings related to safeguarding.



## Appendix 6 - Sources of Information and Support

### **Action on Elder Abuse**

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: [020 8765 7000](tel:02087657000)

Email: [enquiries@elderabuse.org.uk](mailto:enquiries@elderabuse.org.uk)

[www.elderabuse.org.uk](http://www.elderabuse.org.uk)

### **Ann Craft Trust (ACT)**

A national organisation providing information and advice about adult safeguarding. ACT have a specialist Safeguarding Adults in Sport and Activity team to support the sector.

Tel: 0115 951 5400

Email: [Ann-Craft-Trust@nottingham.ac.uk](mailto:Ann-Craft-Trust@nottingham.ac.uk)

[www.anncrafttrust.org](http://www.anncrafttrust.org)

### **Men's Advice Line**

For male domestic abuse survivors.

Tel: 0808 801 0327

### **National LGBT+ Domestic Abuse Helpline**

Tel: 0800 999 5428

### **Wales 24Hour Freephone Domestic Abuse Helplines**

Llinell Gymorth Byw Heb Ofn/ Live Free from Fear helpline

Tel: 0808 8010 800

Type Talk: 18001 0808 801 0800

Text: 078600 77 333

### **Rape Crisis Federation of England and Wales**

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: [info@rapecrisis.co.uk](mailto:info@rapecrisis.co.uk)

[www.rapecrisis.co.uk](http://www.rapecrisis.co.uk)

### **Respond**

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: [020 7383 0700](tel:02073830700) or

[0808 808 0700](tel:08088080700) (Helpline)

Email: [services@respond.org.uk](mailto:services@respond.org.uk)

[www.respond.org.uk](http://www.respond.org.uk)

### **Stop Hate Crime**

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: [www.stophateuk.org/talk-to-us/](http://www.stophateuk.org/talk-to-us/)

E mail: [talk@stophateuk.org](mailto:talk@stophateuk.org)

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

### **Susy Lamplugh Trust**

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: [020 83921839](tel:02083921839)

Email: [info@suzylamplugh.org](mailto:info@suzylamplugh.org)

[www.suzylamplugh.org](http://www.suzylamplugh.org)

### **Victim Support**

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

[www.victimsupport.com](http://www.victimsupport.com)

**Women's Aid Federation of England** and Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.



## Section 4 - Safeguarding Adults Policy Summary

### Why?

- Welsh Rowing is committed to safeguarding everyone involved within the sport.

### Who is 'Vulnerable?'

- All adults 18 and over could be or become vulnerable either temporarily and/or permanently.

### Who?

- Key staff involved in promoting and developing a culture of adult safeguarding are a) Welsh Rowing Safeguarding Lead Officer, b) staff of Welsh Rowing, c) Club Welfare Officers and d) the Governing Body of Welsh Rowing.

### How?

- The principles of 'obtaining consent' and 'mental capacity' are fundamental in the context of safeguarding adults. Discussion of the situation, alongside what is a positive outcome, will be crucial when dealing with safeguarding adults.
- *Welsh Rowing policy and procedures will set the principles and procedures to ensure a positive culture of Adult Safeguarding is promoted throughout all clubs and centres.*
- Staff responsible for safeguarding will be trained to support best practice in Adult Safeguarding.
- Guidance will be reviewed and updated in line with best current practice and communicated to the Welsh Rowing community.

### When?

- A comprehensive policy and procedures will be reviewed on an annual basis.

### What do I do if I have a concern?

- Initial concerns should be referred to your club welfare officer.
- Check the full Safeguarding Adults Policy and Procedures, available on the Welsh Rowing website, for more in depth information and help.
- The Safeguarding Lead Officer for Welsh Rowing can provide advice, support and signposting – contact [safeguarding@welshrowing.com](mailto:safeguarding@welshrowing.com) for confidential advice.